UNMASKING LEADERS' WORKSHOP

Reclaim your identity as an assured and successful leader



DARE TO BE WRONG ABOUT WHO YOU THINK YOU ARE!

An inner saboteur is holding leaders back — in business and in life. It affects many senior executives and successful entrepreneurs with their mental health and performance suffering. Commonly referred to as 'imposter syndrome', a negative inner dialogue can cause leaders to discount their competencies, while eroding their self-belief, self-worth, and confidence. Over time, this cycle of negative self-talk can deter leaders from taking decisive action and bold initiatives.

The good news is we can retrain our thinking patterns, unmasking the confident leader that lies within. The Unmasking Leaders' Workshop will give you strategies and techniques that will enable you to expose and reject your inner critic and claim your identity as an assured and self-possessed leader. What's more, it will give you the insight you need to support your teams to unmask their true potential, too.

BENEFITS

By the end of this workshop, you will:

- Understand the impact imposter syndrome and selflimiting thoughts have on you, your teams, and your business.
- Learn how to expose your 'Mask', by identifying its triggers and the various ways it shows up in your life.
- Implement the Unmasking Plan, a simple 3-step approach to quelling your inner saboteur.
- Have begun your journey of reclaiming your identity as an assured and successful leader.



YOUR GIFT

Workshop participants receive a copy of my Amazon best-selling book, *Unmask the Confident Leader Within*.



GAVIN BRYCE

Leadership Coach, Consultant, & Author

With over three decades of experience in the field, Gavin has worked with CEOs of multimillion-pound companies to help them unleash their leadership potential. Combining his expertise in senior executive coaching, organisational development, and leadership training, Gavin has made a profound impact on many individuals and businesses, igniting transformative growth and success. He was inspired to write *Unmask the Confident Leader Within* from his own experience of battling with and overcoming his inner negative voice.